

TREATMENT OF DEVELOPING CLASS II DIVISION 1 MALOCCLUSION WITH JUMPER TWIN BLOCK

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ABSTRACT

Objective: This study was carried out to determine dental and skeletal effects of the Jumper twin block appliance in the treatment of developing Class II, Division I malocclusion. **Methods:** 15 girls aged 9 to 11 years old with class II division 1 and same physical maturation status were included in the study over one year. Cephalometric data and study models were analyzed statistically with Paired t-test. **Results:** The Jumper Twin block had skeletal and dental effects. Stimulation of forward mandibular growth, backward displacement of the maxilla, significant increase in the anterior and posterior facial height, retroclination of the upper incisors, proclination of the lower incisors and significant improvement of the overjet and overbite had been found. **Conclusions:** The Jumper Twin Block appliance with gradual bite advancement was effective in treatment of developing Class II division 1 malocclusion.

INTRODUCTION

Class II is one of the most common malocclusions especially Class II division 1 which represents about 21% of Egyptian population ⁽¹⁾. About two thirds of typical Class II malocclusion is mostly due to mandibular retrusion ⁽²⁾. A therapy able to enhance mandibular growth is indicated in these patients.

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A wide range of functional appliances aiming to stimulate mandibular growth by forward posturing of the mandible is available to correct this type of skeletal and occlusal disharmony; such as the bionator⁽³⁾, the FR-2 appliance of Fränkel^(4,5), the fixed and removable types of Herbst appliances^(6,7), the Jasper Jumper⁽³⁾ and Twin-block (TB)⁽⁸⁾ appliance which has gained increasing popularity during the last decade due to its high patient acceptability and its ability to produce rapid treatment changes. The TB was developed by William J. Clark, Scotland, for use in the correction of Class II malocclusions characterized in part by mandibular skeletal retrusion⁽⁸⁾.

One of the drawbacks of the original design was the inconvenience of reactivating the appliance to achieve an edge to edge protrusive position in some patients to enable full overjet reduction^(9,10).

In a trial to overcome this drawback, this study will be conducted to evaluate the gradual advancement of the bite by adding Bite-Jumping Screw to the original TB in management of Class II division 1.

MATERIAL AND METHODS

The sample of this study consisted of fifteen female patients. The mean age of the patients was 10 years 6 months. The patients were selected from the Orthodontic Department, Faculty of Dentistry, Mansoura University according to the following criteria: Skeletal class II malocclusion due to mandibular retrusion, All patients were in the mixed dentition, Overjet more than 7 mm, Minimal transverse discrepancy between the maxillary and mandibular arches and no abnormal oral habits. For each patient diagnostic records were made as photographs (intraoral & extraoral), upper and lower orthodontic casts and radiographs (Lateral Cephalometric, Panoramic and Hand Wrist radiographs).

All records were made before and after treatment except the hand wrist and panoramic x-ray films which were taken only before treatment. Lateral cephalometric radiographs for all subjects were taken with the same machine and the same settings and traced on acetate paper then the following points were recorded: S, Sella; A, Subspinale; ANS, Anterior

Nasal Spine; N, Nasion; B, Supramentale; PNS, Posterior Nasal Spine; Go, Gonion; Me, Menton; Ar, Articulare; Or, Orbital; P, Porion. The angles measured were SNA, SNB, ANB, Upper incisal angles (UI-NA, UI-SN, UI-PP), Lower incisal angles (LI-MP, LI-NB), Interincisal angle (UI-LI). The linear distances measured were: Ar-A, Ar-B, N-ANS, ANS-Me, Ar-Go, S-Go. Superimposition was done for pre and posttreatment cephalometric radiographs. Overbite, overjet, intercanine and intermolar widths were measured on the cast for every patient.

The appliance construction:

The initial wax bite was taken with the mandible protracted approximately 5mm and opened vertically by about 4mm. To standardize the appliance activation vertically, the construction bite was taken with an Exactobite stick* . (Figure 1)

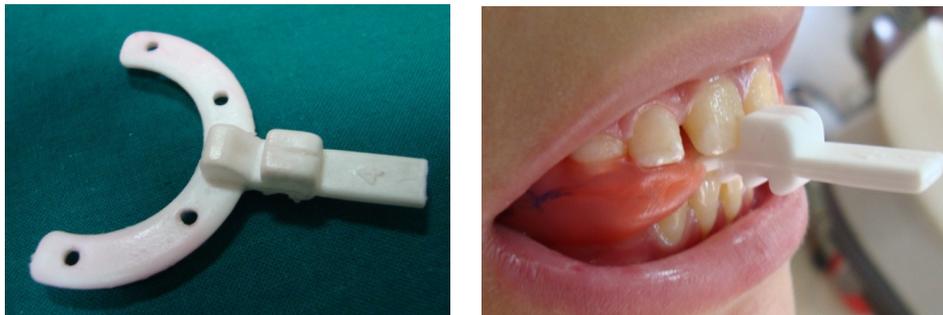


Figure 1: Bite registration with an Exactobite stick.

The basic design of the Twin Block appliance used in this study is illustrated in (Figure 2). This design was similar to the original design by Clark⁽¹¹⁾ but the maxillary component differs to some extent from the conventional design in that there was bite jumping screw** (Figure 3) incorporated longitudinally in the upper bite blocks, with the screw head at 70 degree angle to the lower bite blocks.

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An expansion screw was seated in the midline of the acrylic base plate and activated only if necessary compensatory expansion was needed to accommodate lower arch as the mandible translates forward. The bite jumping screw was opened with a special stainless steel key to be active after eight weeks of twin block wear to give 2mm advancement of the bite. Then another 2 mm was obtained by activation of the screw after another eight weeks. If further correction was needed, there was still 2mm of advancement left in the system. An example of a case treated with this appliance is shown in (Figures 4, 5, 6, 7).

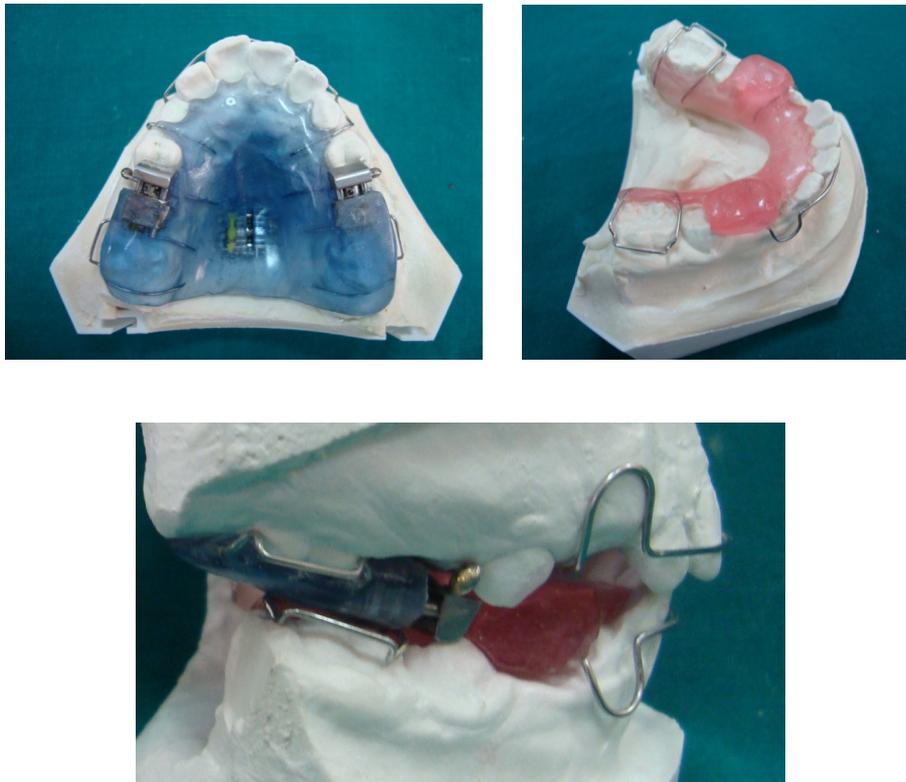


Figure 2: Upper and lower Jumper Twin Block appliance.



Figure 3: Bite jumping screw.

Statistical analysis:

All measurements were calculated and analyzed using the SPSS statistical program (Chicago, II). Descriptive statistics including means and standard deviations of the measurements before and after treatment were obtained. Then, Paired t - test was done to test the significance between the pretreatment and posttreatment measurements. Significance for the statistical test was predetermined at $P < 0.05$.

RESULTS

There was a small but highly statistically significant reduction in SNA angle and Ar-A length which mean growth retardation of the maxilla. On the other hand, mandibular forward growth was stimulated as the SNB angle and Ar-B length were highly significantly increased. The differential growth of the mandible to the maxilla enhanced sagittal relationship; this is evident by highly statistically significant decrease of ANB angle and Wits measurement. The anterior and posterior facial heights (N-Me & S-Go respectively) were highly significantly increased which mainly due to the down growth of the ramus of the mandible. There was also, significant retroclination of upper incisors and proclination in the lower incisor. This deferential movement in upper and lower incisors lead to a high significant increase in the interincisal angle. Dental cast measurement's revealed a highly significant decrease in the

overjet and overbite. On the other hand, the intercanine and intermolar widths showed no significant difference except in some cases who needed palatal expansion. (Table I & II)

Table I: The means, standard deviations (SD) and the results of t-test of the pre and posttreatment cephalometric measurements.

Measurements	Pre treatment	Post treatment	t	p-value
	Mean \pm SD	Mean \pm SD		
SNA (Angle)	81.67 \pm 3.04	80.26 \pm 2.69	10.31	0.000**
Ar-A (mm)	86.77 \pm 5.51	85.34 \pm 5.38	11.22	0.000**
SNB (Angle)	73.93 \pm 2.34	76.13 \pm 2.72	-16.00	0.000**
Ar-B (mm)	91.27 \pm 5.42	95.93 \pm 6.96	-4.82	0.000**
ANB (Angle)	7.66 \pm 1.29	3.86 \pm 0.63	21.56	0.000**
Wits (mm)	4.70 \pm 0.70	1.33 \pm 0.36	21.56	0.000**
N-Me (mm)	114.66 \pm 7.10	119.06 \pm 6.78	-5.98	0.000**
N-ANS (mm)	53.00 \pm 5.04	53.73 \pm 5.29	-4.78	0.000**
ANS-Me (mm)	66.33 \pm 5.36	69.26 \pm 5.27	-12.85	0.000**
Ar-Go (mm)	39.26 \pm 3.76	40.73 \pm 4.02	-11.00	0.000**
S-Go (mm)	67.26 \pm 4.89	69.73 \pm 4.86	-12.85	0.000**
UI-NA (Angle)	27.66 \pm 5.19	18.06 \pm 4.26	19.36	0.000**
UI-SN (Angle)	109.26 \pm 5.87	99.73 \pm 7.44	10.60	0.000**
UI-PP (Angle)	119.13 \pm 6.17	107.73 \pm 5.47	12.06	0.000**
LI-MP (Angle)	95.13 \pm 5.68	97.33 \pm 5.67	-12.60	0.000**
LI-NB (Angle)	30.13 \pm 5.20	33.33 \pm 5.42	-10.81	0.000**
UI-LI (Angle)	112.86 \pm 6.22	121.60 \pm 6.03	-12.23	0.000**

** Highly Statistically Significant: P < 0.001

Table II: The means, standard deviations (SD) and the results of t-test of The pre and posttreatment measurements of dental casts.

Measurements	Pretreatment	Posttreatment	T	p-value
	Mean ± SD	Mean ± SD		
Overjet (mm)	10.03±1.51	1.60±0.47	25.52	0.000**
Overbite %	77.66±11.78	18.00±4.14	22.91	0.000**
UICW (mm)	34.40±2.26	35.40±1.18	-2.13	0.05*
LICW (mm)	28.06±1.79	28.86±2.23	-1.49	0.15
UIMW (mm)	54.53±1.64	46.20± 1.37	-2.19	0.04*
LIMW (mm)	41.46±1.64	41.60±1.76	-1.00	0.33

** Highly Statistically Significant: P < 0.001

* Statistically Significant: P<0.05

Non Significant: P>0.05

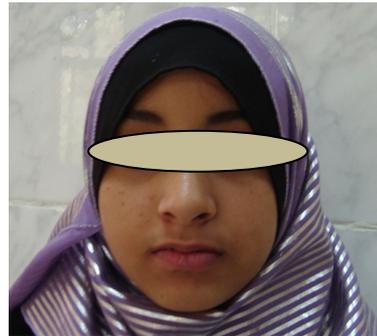
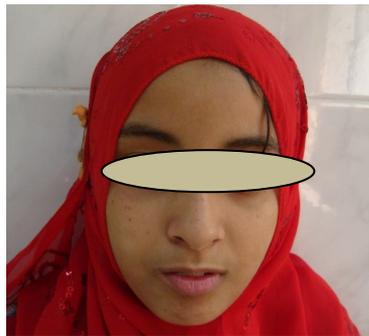
UICW = Upper intercanine width.

LICW = Lower intercanine width.

UIMW = Upper intermolar width.

LIMW = Lower intermolar width.

Case report



Pre & Posttreatment frontal view.



Pre & Posttreatment lateral view.

Figure 4: Extraoral photographs.



Figure 5: Intraoral photograph with JT B appliance in place.



Pretreatment

Posttreatment

Figure 6: Intraoral photographs.

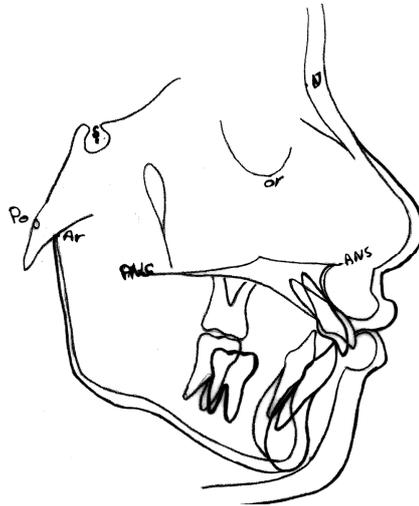


Figure7: Pre and posttreatment cephalometric tracing superimposition.
Black line: Pretreatment tracing.
Red line: Posttreatment tracing.

DISCUSSION

The Twin-block has gained increasing popularity during the last decade due to its high patient acceptability and its ability to produce rapid treatment changes.⁽⁸⁾

One of the drawbacks of the original design was the inconvenience of reactivating the appliance to achieve an edge to edge protrusive position in some patients to enable full overjet reduction. Since many patients are unable to tolerate mandibular protrusion greater than 7 mm, gradual bite advancement is recommended.

Gradual incremental advancement gives a more favourable response to the growth modification process with a reduced effect on incisor tilting. Compliance may be greater with small increments of mandibular advancement by reduction of tension in the craniomandibular musculature. It has been suggested that this improves patient comfort and speech^(9,10). This study was one of the pioneer studies to evaluated gradual advancement of the

bite by adding Bite-Jumping Screw to the original TB in management of developing Class II Division 1 malocclusion.

In the current study, there was highly significant increase in both the mandibular length (articulare - B point) and SNB angle which indicated stimulation of mandibular growth especially in forward direction. This can be attributed to the adaptive reaction to the forward positioning of the mandible by Jumper Twin Block appliance. This was in agreement with other previous functional appliance studies⁽¹²⁻²⁰⁾. On the other hand, it was in contrast to others^(21,22). This dissimilarity in the findings might be explained by the difference in the appliance design.

This study also showed that Jumper Twin Block appliance restrict the forward growth of the maxilla. There were highly significant decrease in both SNA angle and maxillary length (Ar - A Point); this could be due to the change on the dental maxillary base which occurred when the upper incisors were retroclined. These results were similar to previous studies^(13,14,17,20). However, opposite results had been observed in others^(15,16,23-25). This controversy might be due to the difference in the age of the patients and their growth status during the active phase of treatment.

Consequently, the maxillomandibular relationship improved as manifested by highly significant decrease in the ANB angle and Wits measurement. This outcome was in agreement with other previous studies^(15,16,18-20,26). The decrease of ANB angle and Wits analysis were mainly due to the increase in SNB with a small reduction in angle SNA due to backward displacement of the maxilla and forward growth of the mandible by Jumper Twin Block appliance. However, this was in disagreement with the findings of Tümer et al.⁽²⁷⁾ who evaluated the dentoskeletal effect of Mini-Block appliance and he found that there was no change or a negative change in ANB angle and Wits analysis, which might be due to the fact that his patients were not as compliant as those wearing the TB appliance.

Regarding the vertical dimension, the significant increase in the facial heights could be contributed to larger increase in the height of the mandibular ramus because the appliance design had a greater vertical activation (bite blocks must be at least 4-5 mm thick vertically). These results were in harmony with many previous studies^(12,21,18,19,26,28). But

were contradicted with others^(14,16,17). This controversy could be attributed to the different mode of action between the removable and fixed functional appliances. The most prominent dentoalveolar effect in the treated subjects was retroclination of upper incisors and proclination of lower incisors. Similar findings were reported in other studies^(16-19,26,20). This proclination probably was a consequence of the resultant mesial force on the lower incisors induced by the Jumper Twin Block appliance.

These skeletal and dental changes together helped to improve the overjet significantly. This result was in agreement with all other studies performed on functional appliances; either fixed or removable^(13-20,29). Also, there was significant reduction in the overbite mainly due to increases in the height of the mandibular ramus and the proclination of the lower incisors. This was in agreement with previous studies^(13-15,17-19,21). But was not in agreement with the studies of Windmiller⁽³⁰⁾ and Sidhu et al.⁽³¹⁾ because they found that the overbite reduction in their study was mainly due to lower incisors intrusion.

Both the upper and lower intercanine (UICW & LICW) and intermolar (UIMW & LIMW) arch widths showed no significant difference except in five patients who needed palatal expansion during their treatment with Jumper Twin Block appliance; significant increase in upper intercanine and intermolar widths was found.

Furthermore, clinical advantages of Jumper Twin block appliance were found: the advancement was measured more accurately; quickly adjustment of the appliance, minimal laboratory support, symmetric gradual advancement and reversible if over advancement was produced.

CONCLUSION

Early intervention with Jumper Twin Block appliance successfully reduced dental overjet, overbite, molar discrepancies, and severity of malocclusion. This was achieved by a combination of skeletal and dental changes due to growth modification of both the mandible and the maxilla.

The gradual advancement of the bite with Jumper Twin Block improved patient comfort, speech and cooperation.

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